



Wading Through Options

Not sure where to find reliable and trustworthy child care? Your free and confidential Faculty and Staff Assistance Program can help by providing expert resources, support and information. Call today or go online to find out about:

- The differences between child care centers, family day care and babysitting cooperatives
- Identifying before and after school options
- What questions you should ask a potential caregiver
- Identifying ways to monitor the care your child receives

Here when you need us.

Call: 866.467.0467

TTY: 800.697.0353

Online: guidanceresources.com

App: GuidanceNowSM

Web ID: FASAP