Navigating Your State Health Plan
Benefits and Medicare
Understanding Your State Health Plan
Benefits at Retirement

NC State Ready to Retire Workshop
August 2023
Presentation Overview

- State Health Plan Options
- Understanding Medicare
- Enrollment
- Medicare Advantage
- Base PPO Plan (70/30)
- Important Information
- Open Enrollment
State Health Plan Options
Plan Options for *Non-Medicare* Members

The State Health Plan offers 2 Preferred Provider Organization (PPO) plans for Non-Medicare members:

- **Enhanced PPO Plan (80/20)**: Pays 80% for most in-network services.
- **Base PPO Plan (70/30)**: Pays 70% for most in-network services.
Plan Options for Non-Medicare Members

The Plan utilizes a third-party administrator or TPA that is responsible for the provider network and processing your medical claims. Our current TPA is Blue Cross and Blue Shield of NC. But your medical claims are paid by the state, not Blue Cross.

The Plan also utilizes a pharmacy benefit manager or PBM that is responsible for providing a pharmacy network and processing your pharmacy claims. Our current PBM is CVS Caremark. But your pharmacy claims are paid by the state, not CVS.
Plan Options for *Medicare* Primary Members

**Humana Group Medicare Advantage (PPO) Base Plan (90/10)**
- Premium free for Medicare Primary qualified retiree; monthly premium for Medicare-eligible spouse and/or dependents.

**Humana Group Medicare Advantage (PPO) Enhanced Plan (90/10)**
- Monthly premium for Medicare Primary qualified retiree ($73) and Medicare-eligible spouse and/or dependents.

**Base PPO Plan (70/30)**
- Administered by Blue Cross NC
- Premium free for Medicare Primary qualified retiree; monthly premium for Medicare-eligible spouses and/or dependents.

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*The Humana Group Medicare Advantage Plans have a benefit value equivalent to a 90/10 plan.*
Humana is a Medicare Advantage Organization that contracts with the Centers for Medicare and Medicaid Services (CMS) to administer Medicare Part A & Medicare Part B benefits on their behalf.

The Plan contracts with Humana to provide Group Medicare Advantage plan options to our Medicare Primary members which includes payment of claims.
Enrollment Guidelines - *Families*

- Medicare Primary family members stay together.

- If spouse/dependents **are not** Medicare eligible:
  - They have the same options available to active employees/non-Medicare members. Their options are administered by Blue Cross NC and are:
    - Enhanced PPO Plan (80/20)
    - Base PPO Plan (70/30)
  - This is considered a “split family” situation where one or more members of the family unit are Medicare-eligible while others are not and have different coverage options.
Understanding Medicare
Original Medicare vs. Medicare Advantage Plans

Step 1
Enroll in Original Medicare when eligible.

**ORIGINAL MEDICARE**
- Covers hospital stays
- Covers doctor and outpatient visits
- Government-provided

Step 2
If more coverage is needed, there are additional options.

Option 1
Keep Original Medicare and add:

**MEDICARE SUPPLEMENT INSURANCE**
- Covers some or all of the costs not covered by Parts A & B
- Offered by private companies

Option 2

**MEDICARE ADVANTAGE (PART C)**
- Combines Parts A & B
- Additional benefits
- Most plans cover prescription drugs

Offered by private companies
Medicare Parts A and B

- Medicare Part A and Part B must be in effect to be enrolled into a Medicare Advantage Plan.
  - Part A is typically premium free.
  - Part B has a monthly premium. The 2023 standard Part B premium will be $164.90 per month for new Medicare Part B enrollees but depending on income, may be as high as $560.50 per month.

- If retiree has the Base PPO Plan (70/30) and they do not elect Part B, the State Health Plan will process claims as if they have it and members will incur greater out-of-pocket costs.

- It is important to enroll in Medicare (Parts A and B) during the 3 months BEFORE your 65th birthday month. This will allow Medicare to then become effective the first day of your birthday month.
Retirees - Enrolling in Medicare

- If you elected to start receiving Social Security benefits prior to turning 65 (at least 4 months or more), you will be automatically enrolled in Medicare. You should receive your Medicare card approximately 60 – 120 days before you turn 65.
  - If Medicare card not received by 60 days before your 65th birthday month, contact Social Security Administration.

- If you are not receiving Social Security benefits, **YOU MUST TAKE ACTION TO ENROLL IN MEDICARE.**
  - Visit any local Social Security office (note call ahead to see if you need appointment)
  - Call Social Security at 800-772-1213 (7 a.m. to 7 p.m.)
  - Online through the Social Security website at [www.ssa.gov](http://www.ssa.gov)
Medicare Enrollment Tips

- You become Medicare eligible the first of the month you turn 65 (e.g., 65th birthday is 3/15, you become Medicare eligible 3/1). However, if your 65th birthday is on the first day of a month, you become Medicare eligible the first day of the prior month (e.g., 65th birthday is 5/1, you become Medicare eligible 4/1).

- Your Medicare Initial Enrollment Period (IEP) surrounding your 65th birthday is a seven (7) month period that includes the three (3) months before your birthday month, the month of your 65th birthday, and the three (3) months after your birthday month.

- To have your Medicare in place for your Medicare eligibility date, you need to enroll during the first three (3) months BEFORE your Medicare eligibility month. If you wait to enroll the month you become Medicare eligible or during the last three (3) months your Medicare will start the first day of the month after you sign up.
Income-Related Monthly Adjustment Amount (IRMAA)

- Members with higher income levels are required to pay an adjusted Medicare Part B premium plus an additional amount when enrolled in Medicare Part D prescription drug coverage. The additional amount is called Income-Related Monthly Adjustment Amount or IRMAA.

- Income level based on modified adjusted gross income, which is the total of your adjusted gross income and tax-exempt interest income.

- IRMAA is mandated by federal law and each amount is deducted from your monthly Social Security payments (or direct billed if delayed Social Security).

- IRMAA will apply if individual income is over $97,000 or if married (filing joint tax return) income is over $194,000.

- When enrolled in one of our Humana Group Medicare Advantage plans, higher income members may be subject to Part D IRMAA in addition to their already higher Medicare Part B premium.

IRMAA amounts for 2023 Medicare Part D may range from $12.20 to $76.40 per month. IRMAA determination is based on IRS tax return from 2 years ago (2021).
Enrollment
## Contribution Status

<table>
<thead>
<tr>
<th>Hired Before October 1, 2006</th>
<th>Hired On or After October 1, 2006 ***</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>5 Years of service</strong></td>
<td><strong>5 &lt; 10 Years of service</strong></td>
</tr>
<tr>
<td>Non-contributory Plan</td>
<td>You pay <strong>100% premium</strong> **</td>
</tr>
<tr>
<td>You pay <strong>0% premium</strong></td>
<td><strong>10 &lt; 20 Years of service</strong></td>
</tr>
<tr>
<td>For Base PPO Plan (70/30)*</td>
<td>You pay <strong>50% premium</strong> **</td>
</tr>
<tr>
<td>*Partial contribution may be required for other plan options</td>
<td>20 Years of service</td>
</tr>
<tr>
<td><strong>Premium rate based on state contribution</strong></td>
<td>You pay <strong>0% premium</strong> *</td>
</tr>
</tbody>
</table>

*** Individuals hired on or after January 1, 2021, are not eligible for retiree health benefits

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You will be auto-enrolled into a plan regardless of your contribution status. If you do not want coverage, it is necessary to opt out during retirement process by calling 855-859-0966 or going online. Depending on your situation at the time of retirement, you will need to take this into consideration regarding your State Health Plan coverage.
State Health Plan and Optional Retirement Program (ORP)

- Alternative to the NC Teachers’ and State Employees’ Retirement System (TSERS) for eligible faculty and staff two companies offer investment products under ORP: Fidelity Investments and TIAA.

- Once decision to retire has been reached, speak with your HBR as to retirement process under the ORP.

- You may be eligible to enroll in the State Health Plan with cost being determined based on when you began employment with the State and years of service as reflected in prior slide.
  - If you are required to pay premium for your coverage (or dependents coverage), you will be direct billed by the State Health Plan’s billing vendor, iTEDiUM.

- If you withdraw, transfer or roll over entire ORP account, you will forfeit your right to State’s retiree group health plan coverage.
The first month of retirement the retiree remains covered under their active agency. *

The State Health Plan benefit effective date is the first of the month following their retirement effective date.

For example: If the retirement date is January 1, then State Health Plan benefit effective date is February 1.

* If Medicare eligible upon retirement date, Medicare will be primary the first month of retirement. **Important to have Medicare Part A and Medicare Part B in effect as of retirement date.**

*Important Note: When you decide to retire, enroll in Medicare Part B so that it becomes effective the date of your planned retirement. You will need to contact Social Security Administration to enroll in Medicare Part B.
Under 65 and Retiring

**Member**
- Talk to HR Department about retirement decision.
- Begin retirement process online through ORBIT or submit application to the State Retirement System.

**State Retirement Systems**
- Approves retirement information.
- Notifies Plan’s Eligibility & Enrollment Support Center.

**State Health Plan**
- Auto-enrolled in same plan as an active employee along with any dependents.
- Opt out of retiree coverage by calling Eligibility & Enrollment Support Center.
- Auto-enrollment occurs with at least 5 years of service whether or not member was enrolled in Plan coverage as an active employee.
- If not enrolled as active employee, auto-enrolled in the Base PPO Plan (70/30).
Approaching 65 and Planning to Continue Working

- Many Plan members continue working after the age of 65.
- The Plan mails you a Medicare eligibility letter approximately 30-60 days prior to your 65th birthday. The letter asks to confirm eligibility for Medicare benefits.
  - Recommend enrolling in Medicare Part A
  - Recommend delaying enrollment in Medicare Part B if you remain actively working for the State.*
- The Plan will be primary coverage and Medicare will be secondary as long as still actively working for the State.

*Important Note: When you decide to retire, enroll in Medicare Part B so that it becomes effective the date of your planned retirement. You will need to contact Social Security Administration to enroll in Medicare Part B.
Planning to Retire and are 65 or Older

- Begin the online retirement process through ORBIT or submit retirement application 120 days before anticipated retirement date.
  - **Should not** **sign the** form any earlier than 120 days before the anticipated retirement date.
  - If signed earlier than 120 days before the retirement date, you will receive a “cannot accept” letter and a new form to start over.

- **Remember:** Medicare Part A and Part B should be in effect as of anticipated retirement date.

- Any covered non-Medicare Primary dependents will be automatically enrolled into the health plan they were in as an active dependent.

- You may opt out of the retiree State Health Plan coverage during retirement process by calling Eligibility and Enrollment Support Center, 855-859-0966 or through the eBenefits system.
New Retiree (65 or older) - Enrolling in Medicare

- If you worked beyond age 65 and delayed electing Medicare Part B, you will have to take action to enroll into Medicare Part B before your retirement.

  - As a result of the pandemic, Social Security has amended their policy/system to allow individuals in these situations to enroll in Part B online, www.ssa.gov.

- You have two options to submit your enrollment request under the Special Enrollment Period. You can do one of the following:

  - Go to “Apply Online for Medicare Part B During a Special Enrollment Period” and complete CMS-40B and CMS-L564. Then upload your evidence of Group Health Plan or Large Group Health Plan.

  - Fax or mail your CMS-40B, CMS-L564 forms and the secondary evidence to your local Social Security field office (https://secure.ssa.gov/ICON/main.jsp)

  - When completing the CMS-40B, state “I want Part B coverage to begin (MM/YY) in the remarks section of this form or the online application. Remember: You want your Medicare Part B to become effective as of your anticipated retirement date.

- Remember: Medicare Part B needs to become effective as of your retirement effective date.
Part B Enrollment for Medicare Eligible State Retiree – Working in Private Sector

- In accordance with State guidelines, a state retiree (or covered dependent of the retiree) becoming Medicare eligible will be Medicare primary as of the Medicare eligibility date. You should have Medicare Part A and Medicare Part B in place as of the Medicare eligibility date.

- If the state retiree (or covered dependent) is working in the private sector and covered by an Employer Group Health Plan (EGHP) that is primary to Medicare, it is possible the individual may choose to delay enrollment into Medicare Part B as long as:
  - The state retiree (or covered dependent) is **65 or older** and Medicare eligible, the employer must have 20 or more employees for their EGHP to be primary to Medicare.
  - The state retiree (or covered dependent) is **less than 65** and Medicare eligible, the employer must have 100 or more employees for their EGHP to be primary to Medicare.
If the state retiree (or covered dependent) elects to delay Medicare Part B, the State Health Plan will still process claims as if Medicare was in place meaning the individual would be responsible for what Medicare would have paid on their behalf if it had been in place.

- This means the EGHP would be primary coverage, Medicare secondary and State Health Plan would be tertiary.

- If going to work in the private sector with active EGHP coverage (whether from your employment or a spouse’s employment), you may want to consider dropping the State Health Plan. Then when the State retiree loses the private sector EGHP, a QLE would exist to allow re-enrollment into the State Health Plan. But remember, the retiree will need to have their Medicare Part B in place as of the effective date for the loss of EGHP.
Medicare Primary: New Retirees

Retirement approved at least 60 days prior to effective date of retiree health coverage.

Active Employee 65 or older

Retirement Papers must be approved 60+ days prior to the SHP benefit effective date*

Member notified of auto-enrollment into Humana Medicare Advantage Base (90/10) Plan

May elect any of the Medicare Primary options up until 30 days before benefit effective date*

If no election, auto-enrollment completed 30 days before benefit effective date*

*The State Health Plan benefit effective date is the first of the month following the retirement effective date. For example: If the retirement date is January 1, the SHP benefit effective date is February 1. The Humana Group Medicare Advantage Plans have a benefit value equivalent to a 90/10 plan.
Retirement approved less than 60 days prior to effective date of retiree health coverage.

Active employee 65 or older
Retirement papers processed and approved 59 days or less prior to retiree health coverage effective date.

Medicare Advantage Options Not Available
Will be auto-enrolled into the Base PPO Plan (70/30) 30 days before effective date.

Medicare Advantage Options
Although not auto-enrolled in a MAPDP plan, you are able to elect a MAPDP plan until the day before your benefit effective date.
Retirement Approval (and/or Medicare Not Effective) Not Until After Benefit Effective Date

- If the retiree (or covered spouse) is Medicare eligible when retiring and the retirement request is not approved by Retirement Systems until AFTER the Retiree Health Coverage effective date, the individual will be defaulted into the Base PPO Plan (70/30) retroactively and unable to change plan until next Open Enrollment.

- If the retiree (or covered spouse) is Medicare eligible when retiring and they fail to have Medicare Part A and Medicare Part B until after the Retiree Health Coverage effective date, the individual will be defaulted into the Base PPO Plan (70/30).

- This could occur retroactively and can be costly if the retiree is responsible for a portion or all of their premium or if it is a spouse who is being defaulted to the Base PPO Plan (70/30).
Medicare Primary: Retirees/Dependents turning 65 (Age-Ins)

90 Days Prior to Medicare Primary Effective Date

Assigned MAPDP Plan  |  Notified of assignment and provided with enrollment options

90 - 31 Days Prior to the Effective Date

May elect any of the Medicare Primary options

30 Days Prior to the Effective Date

Locked into assigned/elected plan  |  Medicare Primary enrollment sent to appropriate vendor

Medicare primary effective date is first of the month you turn 65 UNLESS your 65th birthday is on the first of a month then Medicare primary effective date is first of the month preceding the 65th birthday month.
Medicare Advantage (90/10) Plans & Base PPO Plan (70/30)
What are Medicare Advantage Plans?

- A Medicare Advantage Plan, like the Humana Medicare Advantage (90/10)* plans offered by the State Health Plan, are considered a **Group Medicare Advantage Prescription Drug Plan (MAPDP)**. They are:
  - A Medicare health plan choice, which may be an individual or group product.
    - Private companies, like Humana, contract with Medicare to provide your Medicare Part A and Medicare Part B benefits. Most include Medicare Prescription Drug Coverage, Part D.

- **With a Medicare Advantage Plan:**
  - You are still considered to be in the Medicare program.
  - You keep same rights and protections as Original Medicare.
  - They must cover all services Original Medicare covers.
  - Members must have both Medicare Part A and Medicare Part B and continue to pay Medicare premiums to be eligible for Medicare Advantage Plans. **Part B premiums are paid by member from Social Security benefits or directly to federal government.**

* The Humana Group Medicare Advantage Plans have a benefit value equivalent to a 90/10 plan.
Network of Providers

- The Humana Medicare Advantage (90/10)* plans are considered National Preferred Provider Organization (PPO) plans.
- They offer:
  - Access to providers nationwide.
  - Access to additional benefits at a lower cost and include an open network.
  - **Copays or coinsurance remain the same**, regardless of who you see in- or out-of-network.
- Out-of-network providers must participate with Medicare and agree to accept and bill your insurance.

* The Humana Group Medicare Advantage Plans have a benefit value equivalent to a 90/10 plan.
Medicare Advantage Plan Perks

- **Simplicity** – The Humana Medicare Advantage (90/10)* Plans provide one ID card for medical services and prescription drugs.
  - You are still considered to be in the Medicare program.
  - You use your Humana ID card – **not** your red, white and blue Medicare card

- **Predictability** – The Humana Medicare Advantage (90/10) Plans are **copayment driven** meaning the majority of covered services have an established copayment. This allows for you to know what your out-of-pocket costs will be up front in most situations.

- **Cost** – Eligible dependents can be added for only $4 a month!

- The Humana Medicare Advantage (90/10) Plans also provide extra services not covered under Original Medicare.
  - Wellness programs/SilverSneakers®
  - In-Home Health & Well-being Assessment
  - Disease and Case Management
  - Routine eye & hearing exams
  - Hearing aid benefit

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* The Humana Group Medicare Advantage Plans have a benefit value equivalent to a 90/10 plan.
## 2023 Plan Comparison – Medical Benefits

<table>
<thead>
<tr>
<th>Benefit</th>
<th>Humana Base (90/10)**</th>
<th>Humana Enhanced (90/10)**</th>
<th>BCBSNC Base PPO Plan (70/30)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Network Providers</td>
<td>You can use in and out-of-network providers but must accept in Medicare and your insurance plan.</td>
<td>You pay less when you use BCBSNC provider network</td>
<td></td>
</tr>
<tr>
<td>Annual Medical Out-of-Pocket Maximum</td>
<td>$4,000 (In and Out-of-Network)</td>
<td>$3,300 (In and Out-of-Network)</td>
<td>$5,900 In-network (Individual) $16,300 Out-of-network (Family) (Combined Medical &amp; Pharmacy)</td>
</tr>
<tr>
<td>Annual Deductible</td>
<td>$0</td>
<td>$0</td>
<td>$1,500 In-network (Individual) $4,500 In-network (Family) (Combined Medical &amp; Pharmacy)</td>
</tr>
<tr>
<td>Primary Care Provider (PCP) – Office Visit</td>
<td>$20 copay</td>
<td>$10 copay</td>
<td>$0 for CPP PCP on ID Card $30 for non-CPP PCP on ID card $45 for any other PCP</td>
</tr>
<tr>
<td>Specialist Office Visit</td>
<td>$40 copay</td>
<td>$35 copay</td>
<td>$47 for CPP Specialist $94 for other Specialists</td>
</tr>
<tr>
<td>Urgent Care</td>
<td>$50 copay</td>
<td>$40 copay</td>
<td>$100 copay</td>
</tr>
<tr>
<td>Outpatient Surgery</td>
<td>$250 copay</td>
<td>$250 copay</td>
<td>In-network: 30% coinsurance after deductible</td>
</tr>
</tbody>
</table>

*When enrolled in the 70/30 PPO plan, cost-sharing amounts between you & the State Health Plan will vary. Medicare pays benefits First and then the 70/30 PPO plan may help pay some of the costs that Medicare Does not cover. **The Humana Group Medicare Advantage plans have a benefit value equivalent to a 90/10 plan.

* demonstrates required copay during deductible when not in-network.
### 2023 Plan Comparison – Medical Benefits, cont’d.

<table>
<thead>
<tr>
<th>Benefit</th>
<th>Humana Base (90/10)**</th>
<th>Humana Enhanced (90/10)**</th>
<th>BCBSNC Base PPO Plan (70/30)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emergency Room</td>
<td>$65 copay (Worldwide)</td>
<td>$65 copay (Worldwide)</td>
<td>Individual: $337 copay plus 30% coinsurance after deductible</td>
</tr>
<tr>
<td>Ambulance</td>
<td>$75 copay</td>
<td>$75 copay</td>
<td>30% coinsurance after deductible</td>
</tr>
<tr>
<td>Lab Services</td>
<td>$40 copay</td>
<td>$10 copay</td>
<td>If performed during PCP or Specialist office visit, no additional fee if in-network lab used.</td>
</tr>
<tr>
<td>Diagnostic radiology services (such as MRIs, CT Scans)</td>
<td>$100 copay</td>
<td>$100 copay</td>
<td>In-network: 30% coinsurance after deductible</td>
</tr>
<tr>
<td>Therapeutic Radiology Services (such as radiation treatment for cancer)</td>
<td>$40 copay</td>
<td>$40 copay</td>
<td>In-network: 30% coinsurance after deductible</td>
</tr>
<tr>
<td>Durable Medical Equipment (such as oxygen)</td>
<td>20% coinsurance</td>
<td>20% coinsurance</td>
<td>In-network: 30% coinsurance after deductible</td>
</tr>
</tbody>
</table>

*When enrolled in the Base PPO Plan (70/30), cost-sharing amounts between you & the State Health Plan will vary. Medicare pays benefits first and then the Base PPO Plan (70/30) may help pay some of the costs that Medicare Does not cover. **The Humana Group Medicare Advantage plans have a benefit value equivalent to a 90/10 plan.
# 2022 Plan Comparison – Pharmacy Benefits

<table>
<thead>
<tr>
<th>Benefit</th>
<th>Humana Base (90/10)**</th>
<th>Humana Enhanced (90/10)**</th>
<th>Base PPO Plan (70/30)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Pharmacy Maximum</strong></td>
<td>$2,500 Individual</td>
<td>$2,500 Individual</td>
<td>$5,900 In-network (Individual)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>$16,300 Out-of-network (Family)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>(Combined Medical &amp; Pharmacy)</td>
</tr>
<tr>
<td><strong>Deductible</strong></td>
<td>$0</td>
<td>$0</td>
<td>$1,500 In-network (Individual)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>$4,500 In-network (Family)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>(Combined Medical &amp; Pharmacy)</td>
</tr>
<tr>
<td><strong>Retail Purchase from an In-Network Provider</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tier 1</td>
<td>$10 copay per 30-day supply</td>
<td></td>
<td>$16 copay per 30-day supply</td>
</tr>
<tr>
<td>Tier 2</td>
<td>$40 copay per 30-day supply</td>
<td>$40 copay per 30-day supply</td>
<td>$47 copay per 30-day supply</td>
</tr>
<tr>
<td>Tier 3</td>
<td>$64 copay per 30-day supply</td>
<td>$50 copay per 30-day supply</td>
<td>Ded/Coinurance</td>
</tr>
<tr>
<td>Tier 4</td>
<td>25% coinsurance up to $100 per 30-day supply</td>
<td></td>
<td>$200</td>
</tr>
<tr>
<td>Tier 5</td>
<td>N/A</td>
<td>N/A</td>
<td>$350</td>
</tr>
<tr>
<td>Tier 6</td>
<td>N/A</td>
<td>N/A</td>
<td>Ded/Coinurance</td>
</tr>
<tr>
<td>Insulin</td>
<td>$35 copay – Preferred Brand (Novolog/Novolin) (30-day supply)</td>
<td></td>
<td>$0 (30-day supply) Preferred or Non-Preferred</td>
</tr>
</tbody>
</table>

**Note:** 90-day fills are available under all three plan options for many maintenance drugs – some specialty drugs may be limited to a 30-day supply. **The Humana Group Medicare Advantage Plans have a benefit value equivalent to a 90/10 plan.**
With the Humana Medicare Advantage (90/10) Plans there is no need for additional coverage.

- Additional Medicare Health coverage can cause you to be disenrolled from your State Health Plan Humana Medicare Advantage (90/10) Plan.
- If enrolled in a MAPDP, you cannot purchase a Medicare Supplement or Medigap plan without you terminating your MAPDP.
- If already enrolled in another Medicare Advantage or Part D prescription drug plan, your coverage with those plans will terminate unless you elect not to enroll in one of the Humana Medicare Advantage Plans.

* The Humana Group Medicare Advantage Plans have a benefit value equivalent to a 90/10 plan.
Humana Medicare Advantage Plans (90/10)* & Other Insurance

- TRICARE® for Life (TFL) (TRICARE® + Medicare)
  - TFL beneficiaries can enroll in Medicare Advantage plans and TFL will typically reimburse your copayments for services covered by TFL.
  - You cannot use Medicare or Medicare Advantage in a Military Treatment Facility, like a VA Hospital.

- Other Insurance
  - If covered by a Federal Employee Health Benefit Plan or another former employer’s retiree group health plan, it is important to check with them to ensure enrollment into one of these Medicare Advantage plans will not disrupt coverage with them.
  - Individual cancer, hospital indemnity, dental, vision, long-term care insurance products will not have an effect on eligibility or coverage under a Medicare Advantage plan.

* The Humana Group Medicare Advantage Plans have a benefit value equivalent to a 90/10 plan.
Base PPO Plan (70/30)

- Members still have option to choose the **Base PPO Plan (70/30)**
  - Administered by Blue Cross & Blue Shield of North Carolina (Blue Cross NC)
  - Supported by the Blue Cross NC Blue Options and the NC State Health Plan network of providers
  - Includes Traditional prescription drug coverage
    - It is not Medicare Part D prescription drug coverage but is considered to be creditable drug coverage
  - Original Medicare is Primary, State Health Plan coverage is **secondary**
    - Member would use 2 ID cards when seeking medical services
      - The red, white, blue Medicare card and Blue Cross NC Base PPO Plan (70/30) ID card
      - Copayments, coinsurance and deductible requirements under the PPO Plan (70/30) must be met
  - Medical copayments **do not** apply to the deductible **BUT** do apply to the Maximum out-of-pocket limit.
Disability

- If member becomes eligible for Medicare due to disability, it is very important for them to enroll in both Medicare Part A and Medicare Part B.
- Do not overlook accepting Medicare Part B. Many people fail to accept the offer to retroactively purchase Medicare Part B.
  - Read the Notice of Award letter carefully.
- State Health Plan becomes SECONDARY to Medicare as of the Medicare eligibility date.
  - Claims will be reprocessed back to Medicare eligibility date.
  - The State Health Plan will reduce their claims by the amount that would have been paid under Medicare, paying the remaining claim amount under the terms of the health benefit plan.
- As a result, if Medicare Part B is not taken, member will be responsible for the amount that would have been paid by Medicare Part B.
Re-Employment and State Health Plan

- To comply with the Affordable Care Act, legislation was passed addressing non-permanent full-time employees.
  - A “newly eligible” category was created.
- Employing units are responsible for determining eligibility for the new category and includes non-permanent employees working at least 30 hours per week.
  - If re-employed retiree qualifies for the new category, employing units are required to cover as active employees.
    - May offer only the High Deductible Health Plan (HDHP); OR,
    - May offer coverage under Active Employee options (Base PPO Plan (70/30) or Enhanced PPO Plan (80/20))
    - Re-employed retiree not required to enroll.
- Re-employed retiree will be terminated from Retiree Group Coverage under State Retirement Systems Division (SRS).
- Qualifying Life Event when state re-employment ceases
  - 30 days to enroll in State Health Plan under SRS.
  - If enrollment occurs before the effective date, would be able to enroll in a MAPDP.
2024 Open Enrollment Action

- **Open Enrollment will be from October 9, 2023, through October 27, 2023.** The choices you make during Open Enrollment are for benefits which will be effective January 1, 2024, through December 31, 2024.

- If you or your dependents are non-Medicare, you will be moved to the Base PPO Plan (70/30) for the 2024 benefit year. You will need to take action during Open Enrollment if you want to be enrolled in the Enhanced PPO Plan (80/20) for 2024 benefit year.

- Medicare eligible retirees or Medicare eligible dependents who are enrolled in the Humana Medicare Advantage (Base or Enhanced) plan (90/10)* or the Base PPO Plan (70/30) will remain on that plan for 2024.
  - If you want to change plans or need to make changes for dependents, you will need to take action during Open Enrollment.
## 2024 Medicare Premiums

<table>
<thead>
<tr>
<th>HUMANA GROUP MEDICARE ADVANTAGE (PPO) BASE PLAN (90/10)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>COVERAGE TYPE</td>
<td>MONTHLY PREMIUM</td>
</tr>
<tr>
<td>Subscriber Only</td>
<td>$0</td>
</tr>
<tr>
<td>Subscriber + Child(ren)</td>
<td>$4.00</td>
</tr>
<tr>
<td>Subscriber + Spouse</td>
<td>$4.00</td>
</tr>
<tr>
<td>Subscriber + Family</td>
<td>$8.00</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>HUMANA GROUP MEDICARE ADVANTAGE (PPO) ENHANCED PLAN (90/10)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>COVERAGE TYPE</td>
<td>MONTHLY PREMIUM</td>
</tr>
<tr>
<td>Subscriber Only</td>
<td>$73.00</td>
</tr>
<tr>
<td>Subscriber + Child(ren)</td>
<td>$146.00</td>
</tr>
<tr>
<td>Subscriber + Spouse</td>
<td>$146.00</td>
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<tr>
<td>Subscriber + Family</td>
<td>$219.00</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Base PPO Plan (70/30)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>COVERAGE TYPE</td>
<td>MONTHLY PREMIUM</td>
</tr>
<tr>
<td>Subscriber Only</td>
<td>$0.00</td>
</tr>
<tr>
<td>Subscriber + Child(ren)</td>
<td>$155.00</td>
</tr>
<tr>
<td>Subscriber + Spouse</td>
<td>$425.00</td>
</tr>
<tr>
<td>Subscriber + Family</td>
<td>$444.00</td>
</tr>
</tbody>
</table>
Open Enrollment Outreach Events

• The Plan will be offering several in-person and webinars prior to and during Open Enrollment.
• To view a complete list and to register visit the Plan’s website at www.shpnc.org.

**WEBINAR EVENTS**

The webinars include the same information as the in-person sessions and offer the opportunity for a question-and-answer session at the end of each webinar.

Each webinar lasts approximately 2 hours.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>9/27/23</td>
<td>10 a.m.</td>
</tr>
<tr>
<td>10/3/2023</td>
<td>2 p.m.</td>
</tr>
<tr>
<td>10/6/2023</td>
<td>10 a.m.</td>
</tr>
<tr>
<td>10/10/2023</td>
<td>10 a.m.</td>
</tr>
<tr>
<td>10/11/2023</td>
<td>2 p.m.</td>
</tr>
<tr>
<td>10/16/2023</td>
<td>6:30 p.m.</td>
</tr>
<tr>
<td>10/24/2023</td>
<td>2 p.m.</td>
</tr>
<tr>
<td>10/25/2023</td>
<td>6:30 p.m.</td>
</tr>
</tbody>
</table>

**TELEPHONE TOWN HALL EVENT**

10/23/2023 - 2 p.m.

Telephone town hall meetings are like listening to a radio show over the phone. You’ll simply provide your phone number when you register and we’ll call you to join at the start of the event.

**IN-PERSON EVENTS**

<table>
<thead>
<tr>
<th>Date</th>
<th>County</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>9/28/2023</td>
<td>Buncombe</td>
<td>10 a.m. - 12 noon</td>
<td>Crowne Plaza 1 Resort Drive Asheville, NC 28806 Crowne Ballroom Roan &amp; Pisgah Sections</td>
</tr>
<tr>
<td>10/4/2023</td>
<td>Guilford</td>
<td>2 p.m. - 4 p.m.</td>
<td>Greensboro-High Point Marriott Airport One Marriott Drive Greensboro, NC 27409 Salons A-E</td>
</tr>
<tr>
<td>10/5/2023</td>
<td>Cabarrus</td>
<td>10 a.m. - 12 noon</td>
<td>City Club at Gibson Mills 325 McCall Ave. NW Suite 150 Concord, NC 28027 Fieldcrest Room</td>
</tr>
<tr>
<td>10/12/2023</td>
<td>Orange</td>
<td>2 p.m. - 4 p.m.</td>
<td>Sheraton Chapel Hill One Europa Drive Chapel Hill, NC 27517 Blue Hill Ballroom Salon A</td>
</tr>
<tr>
<td>10/17/2023</td>
<td>Wake</td>
<td>2 p.m. - 4 p.m.</td>
<td>Hilton Garden Inn Crabtree Valley 5912 Arrow Drive Raleigh, NC 27612 Element III b IV</td>
</tr>
<tr>
<td>10/18/2023</td>
<td>New Hanover</td>
<td>2 p.m. - 4 p.m.</td>
<td>Terraces on Sir Tyler 1826 Sir Tyler Drive Wilmington, NC 28405 Grand Ballroom</td>
</tr>
<tr>
<td>10/19/2023</td>
<td>Pitt</td>
<td>10 a.m. - 12 noon</td>
<td>Hilton Greenville 207 SW Greenville Blvd. Greenville, NC 29614 Carolina Ballroom E &amp; F</td>
</tr>
<tr>
<td>10/20/2023</td>
<td>Pasquotank</td>
<td>10 a.m. - 12 noon</td>
<td>Nemiri E. White Graduate Center 1862 Edgewood Drive Elizabeth City, NC 27909 KEN Room 124</td>
</tr>
</tbody>
</table>
Important Address Information

• If you currently only have a P.O. Box address on record with the State Health Plan you will need to provide a physical address as well.
  • Humana is unable to process an enrollment with only a P.O. Box number on file.
    ▪ Systems are able to store multiple addresses. The Plan can retain the P.O. Box number for mailing purposes and will store the physical address separately.

• It is essential you update your information in ORBIT and in eBenefits, the Plan’s information system.
How to Make a Change During Open Enrollment

- **Enroll Online:**
  - Visit the State Health Plan website (www.shpnc.org) and click on eBenefits
  - Then click ORBIT
  - Once logged into ORBIT, click State Health Plan Benefits

- **Enroll by Phone**
  - The Plan’s Eligibility & Enrollment Support Center at 855-859-0966 will offer extended hours during Open Enrollment to assist you.
    - M – F: 8 a.m.-10 p.m. (ET)
    - Sat.: 8 a.m.-5 p.m. (ET)
Changes Coming in 2025

- In January 2023, the State Health Plan announced the award of the Third-Party Administrative (TPA) Services Contract to Aetna effective two years from now, in 2025.

- This service is currently being provided by Blue Cross NC.

- A TPA provides a comprehensive network of health care providers and processes claims for the Plan.

- Members will start receiving more information regarding the changes in 2024 prior to Open Enrollment for the 2025 benefit year.

- THIS DOES NOT AFFECT MEMBERS ENROLLED IN THE HUMANA GROUP MEDICARE ADVANTAGE PLANS.
Important Phone Numbers

• State Health Plan’s Eligibility and Enrollment Support Center
  • 855-859-0966

• Humana Customer Service
  • 888-700-2263

• Blue Cross Blue Shield of NC (Benefits, Claims on Base PPO Plan (70/30))
  • 888-234-2416

• CVS Caremark (Base PPO Plan (70/30) Plan Pharmacy Benefits)
  • 888-321-3124

• Pierce Insurance Agency (Dental/Vision/Identity Theft Protection)
  • 855-627-3847
Questions?
Thank you!

This presentation is for general information purposes only. If it conflicts with federal or state law, State Health Plan policy or your benefits booklet, those sources will control. Please be advised that while we make every effort to ensure that the information we provide is up to date, it may not be updated in time to reflect a recent change in law or policy. To ensure the accuracy of, and to prevent the undue reliance on, this information, we advise that the content of this material, in its entirety, or any portion thereof, should not be reproduced or broadcast without the express written permission of the State Health Plan.